

“Your life in your community”



Aspire in the Community is a private provider of care for people who have learning disabilities, autism and mental health concerns. Registered in 2009, the organisation has residential services, domiciliary care and supported living services. The BASE at Dodworth has a resource centre which will soon be expanded to provide an extensive hydro-pool and multisensory services. There are also plans to increase the number of single occupancy apartments which currently provide both short term and longer term respite. This will allow us to continue to assist in periods of difficulty or crisis as well as providing for some individuals to attain further independence in the community

- Further to our successful residential services, we have now expanded to provide supported living and domiciliary care. We support a wide range of individuals who have mental health needs, learning difficulties, physical difficulties, sensory impairment, visual impairment, challenging behaviour, specialist complex needs and/or who are on the autistic spectrum
- We are committed to providing a bespoke service which puts the individual at the heart of service delivery, enabling them to have greater choice, control and

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freedom over the support they receive. The service will enable each individual to have opportunities to live their life as they wish; this will be **their** home within **their** community

- We can provide support from a minimum of one hour each day to more extensive support including at night-time
- We will ensure that each person has flexible support when it is needed, and delivered in a way which ensures positive outcomes for the individual based upon their personal preference
- We will, through comprehensive support plans, make sure that the people we are supporting are enabled to build upon and increase their skills which foster independence
- We are passionate about promoting social inclusion - this may incorporate helping people to find paid or voluntary work, encouraging fulfilling relationships with others and enjoying travel and holidays.
- Our highly trained staff have in depth knowledge and experience working with people who have varying support needs and they understand the importance of encouraging not only practical skills such as household tasks and managing finances, but also emotional well-being, coping strategies and self-esteem.
- We can support people to find accommodation and secure a tenancy, whether this is living alone or in shared accommodation. We can also assist in putting individuals in touch with organisations who can advise on buying a property and arranging a mortgage.



Our Team

Aspire in the Community

provides a quality workforce and pays particular emphasis to issues such as staff recruitment, training and development and ensures that staff fully understand the purpose of the service and the key values that underpin the current National Minimum Standards.

Management and staff take great pride in having sustained services, often in the most extenuating circumstances for individuals and their families.



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We embrace the independent living philosophy that all people, regardless of disability, have the right and responsibility to make informed choices, to live as independently and as safely as possible within the community and participate as full and equal citizens. To this end, we offer a range of support options tailored to the specific needs of the individual.

Support we provide

- Day Care opportunities
- Drop in facility/group & 1:1 support
- Personal Care support
- Support with domestic skills
- Support with healthy eating plans, menu planning, shopping and preparing of meals.
- Overnight care and support
- Crisis Respite Apartments
- Support to attend and arrange appointments
- Support to access social and leisure activities
- Financial assistance/budgeting



Funding

There are a number of ways to fund the services you receive from Aspire in the community. We will be happy to discuss the funding options with you, and give advice to guide you in the right direction.

Domiciliary & Supported Living services

£13.95 per hour
£47.50 per sleep in
Day Care Rates
£14.95 per hour,

Crisis Respite apartments

£275.00 per day (Including cost of sleep in)
£13.95 per hour for waking staff support



Testimonials

“as a new service manager within the organisation, I received a 12 week induction which included working “shoulder to shoulder” with my manager. This made me feel valued and reassured that support mechanisms were clearly in place, not only for my personal development but that of the staff that I would be managing. I have never worked with care plans that

are as in depth as the ones within Aspire.”

Sharon Tinsley – Manager

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“I like living at Station Road because the staff help me to keep busy. Since I moved here, I have learnt new cooking skills and going out for my tea and meeting new friends”
Emma - Service User

“I love coming to work, management, including owners work on duty to support and develop the staff. Service users have a say in everything that they do each day. The care, support and development we provide makes me feel proud to be part of the team”
Christine Watson – Support Worker

“Aspire combine all the essential elements of an autism-specific adult care resource: strong management, sensitive care, oodles of experience, and a passionate commitment to developing their expertise in autistic spectrum disorders. Our son’s transition from school to his new home at Burton Road went like a dream.” Yakoub & Julie – Parents

Contact us for the following -:

Residential Services
Domiciliary & Support Living
Crisis Respite Apartments
Day Care/Base services

The Gate

Barnsley Road
Dodworth
Barnsley
South Yorkshire
S75 3JR
T: 01226 244773
F: 01226 248478
w: www.aspirecare.co.uk
e: enquires@aspirecare.co.uk



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**199 Burton Road
Monk Bretton
Barnsley
S71 2HQ**



Autism Specific Service

This detached home in Monk Bretton, Barnsley is centrally located for access to all the local amenities. The house's four en-suite bedrooms occupy the first floor and they are very spacious, each with floor space considerably in excess of 12m².

All Staff members have a solid understanding of Autism and have in-depth knowledge and experience of supporting individuals diagnosed with Asperger Syndrome. Individuals on the Autistic Spectrum, with an impairment of imagination, may be severely restricted in their ability to address problems and see a way of resolving day-to-day difficulties. Aspire's staff teams are extensively trained to recognise this, to be aware of potential flashpoints and to appropriately support service users according to their detailed care plans.

A change in physical environment for anyone with Autism, with all the complexities of unfamiliar rooms, furnishings, facilities, and location can be used as a means of introducing or building on existing life skills, routines, foods and social interactions as well as posing an obvious series of challenges in coping with change.

Whilst no two individuals are the same there are general methods of working with complex developmental needs that can be applied in a residential setting. The layout of rooms, decor and furnishings are 'autism-friendly' and changes can always be made to reduce over-stimulation by amendments to lighting, floor coverings and reduction of noise.

Aspire in the Community operates within recognised Good Autism Practice (GAP) guidelines, is currently working towards National Autistic Accreditation (NAS) and is proud to have quickly merited the Investor In People award.

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**13 Station Road
Lundwood
Barnsley
S71 5LA**



The home is situated near many local amenities and villages. There is easy access to Barnsley Town Centre and other towns and cities. The house has five en-suite bedrooms, the sizes of which are far in excess of 12m². One of the bedrooms is situated on the ground floor and is ideal for someone with minor mobility difficulties. Household members have access to a large lounge, kitchen/dining area and the accommodation is exceptionally spacious. The home has a large garden which offers both privacy and security. Service

users taking daily medication can have their medication stored securely in their own bedroom to maintain privacy and dignity. Although an MPV is provided for the home, where possible, all household members will be encouraged to use public transport.

Within Aspire we are able to support a wide range of individuals aged 18-65 years who have Mental Health needs, severe learning disability, challenging behaviour and who are on the Autistic Spectrum. We encourage decision making and inclusion in the local community. We always strive to meet aspirations and independence needs in order that service users can live their lives to the full.

Management and staff recognise that unstructured time may be particularly difficult for people with learning disabilities and, without pro-active support to fill this, service users tend to revert to “negative” behaviours. Station Road is committed to supporting individuals to implement structured weekly activity plans that incorporate their hobbies and interests.



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**13a Station Road
Lundwood
Barnsley
S71 5LA**



13a Station Road is situated in the grounds of the main house (13 Station Road). The home is a beautifully presented modern single storey bungalow for two people. Although the home is in the grounds of the main house, every effort has been made to ensure that the bungalow is set back, private and separate. The home works in conjunction with, but totally separate from 13 Station Road. Household members have full access to all communal areas of the home

which

has a living/dining area, kitchen, utility room, communal WC, conservatory and a large private garden to the immediate front of the property. The House has two large en-suite bedrooms, both of which are ideal for someone with minor mobility difficulties and far exceed 12m². Each en-suite facility provides a bath, shower, hand basin and a WC. At the front of the property is a lawned private garden which has mature fruit trees, plants and shrubs. Ramp access is also provided to the front of the property.

The bungalow has been designed for two people who may require consistently high staffing levels to meet their challenging needs. Aspire staff are quickly able to identify needs and encourage the development of strengths, with particular emphasis on Health and Well-being. The home encourages decision-making and promotes individual and collective responsibility. Service users have the opportunity to take appropriate risks and learn, where appropriate, from unwise choices and decisions.

Aspire recognises that, when service users feel far more “in control” of their lives, they are more likely to agree to compromise whenever their arousal levels are heightened; this in turn, increases confidence and self esteem and reduces conflict.



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Respite Care/Supported living and Crisis management



The Gate Barnsley Road, Dodworth Barnsley, S75 3JR

Located adjacent to junction 37 of the M1 motorway, our single occupancy apartments provide respite for service users and families either on a long term or shorter term basis in response to difficulties and/or crisis.

Aspire provides 2 separate respite/supported living apartments on the first floor which are single occupancy, offering a 1:1 staffing ratio where assessed needs are determined. Our service is available to those requiring individual care and support at extremely short notice as an emergency/crisis admission, or for the person who seeks longer term respite where the care package is planned and scheduled at regular intervals. Night time care is provided by sleeping in/waking night staff dependent on the individuals assessed and/or preferred needs.

The apartments are located on the first floor above our resource centre facilities so the occupants of the apartments have full access to all of the activities and amenities should they so wish.

Lounge/dining area and kitchenette

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In each apartment, the contemporary design creates a warm, homely environment. Both apartments are private and separate to each other. As respite is a transition from one living environment to another, the homeliness helps to minimise the effects of stress and disruption involved in the transfer.

The lounge is fully furnished with a TV, dining furniture and occasional furniture.

The kitchen is fully equipped and modern where staff can support individuals to prepare and cook their meals in safety.

Wet room/ bathroom/shower facilities



Within the individual apartments a wetroom is provided which is safe and spacious to aid and assist with personal care routines. Where a shower is not appropriate/preferred, a separate bathroom is available with the use of a bath. Adaptations will be provided where required.

Bedroom Facilities

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Both apartments have a separate and private bedroom which is fully furnished. The rooms have individual medication cabinets within them for the safe storage and administration of all prescribed medication. Where availability allows, the apartments have either a single or double bed.

Staffing Support and Opportunities

Aspire's services allow individuals the opportunity to be supported on a 1:1 basis where they can benefit from the full and individual attention of the person supporting them. This affords staff the opportunity to work therapeutically with service users and to implement personalised strategies to deliver best outcomes.

Whilst the organisation is acutely aware that this facility is a respite accommodation, it not only offers individuals time to simply relax and have fun, but it also enables each individual the opportunity to build on and improve life skills should they so wish.

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